



Marriage Matters Podcast Discussion Guide

Top Things you Wish Every Couple Knew with Fred and Joan Nelson

Connect

- Schedule a block of time to engage in this Marriage Matters conversation with your spouse.
- Add some lighthearted fun - break out your favorite snack or do an activity together that you both enjoy.
- Share any burden you might be carrying and any way your spouse might be able to help.
- Share what you hope to accomplish through this conversation.
- Pray together.

Open the Discussion

- What did you hear that was the most impactful to you?
- What are you excited to try?
- Is there something you heard that you disagree with or have questions about?

Discussion Questions from the Podcast

- Do you believe your life is improved in correlation with how well you obey God's will? Why?
- What assumptions should you seek to clarify or let go of now?
- Is there anything that you need to forgive one another for now?
- Is there anything that you desire that needs to be shared now?
- Are you fighting to defeat one another or for the sake of solving a problem?
- How can you slow your schedule to allow for times of rest to reflect on what you want and need?
- Is there anything on your schedule that 1. doesn't fill you up, 2. makes you a better follower of Jesus, 3. is a moral obligation, or 4. furthers the kingdom of God on a high level? If so, do you feel like now is the time to say "no" to them?
- When is a good time for you both to take a regular night and make it special? What would this night look like (What is the goal? Where will you be? What will you do? Who will watch the kids? Who is planning what?)
- Who is someone ahead of you that you could ask to share some of their life with you? Make a plan to initiate this request.
- What do you find fun to do together?

Faith Step Forward

- What faith step is God asking you to take this week in response to this conversation?